



Celebrating SingSPEN's
10th anniversary



Parenteral and Enteral
Nutrition Society of Asia

25TH ANNIVERSARY

PENSA 2025

7 - 11 Oct 2025 • Suntec Singapore Convention & Exhibition Centre

**Strengthening Impactful Nutrition Globally through
Science, Practice, Education and Networking**

E-PROGRAMME BOOK



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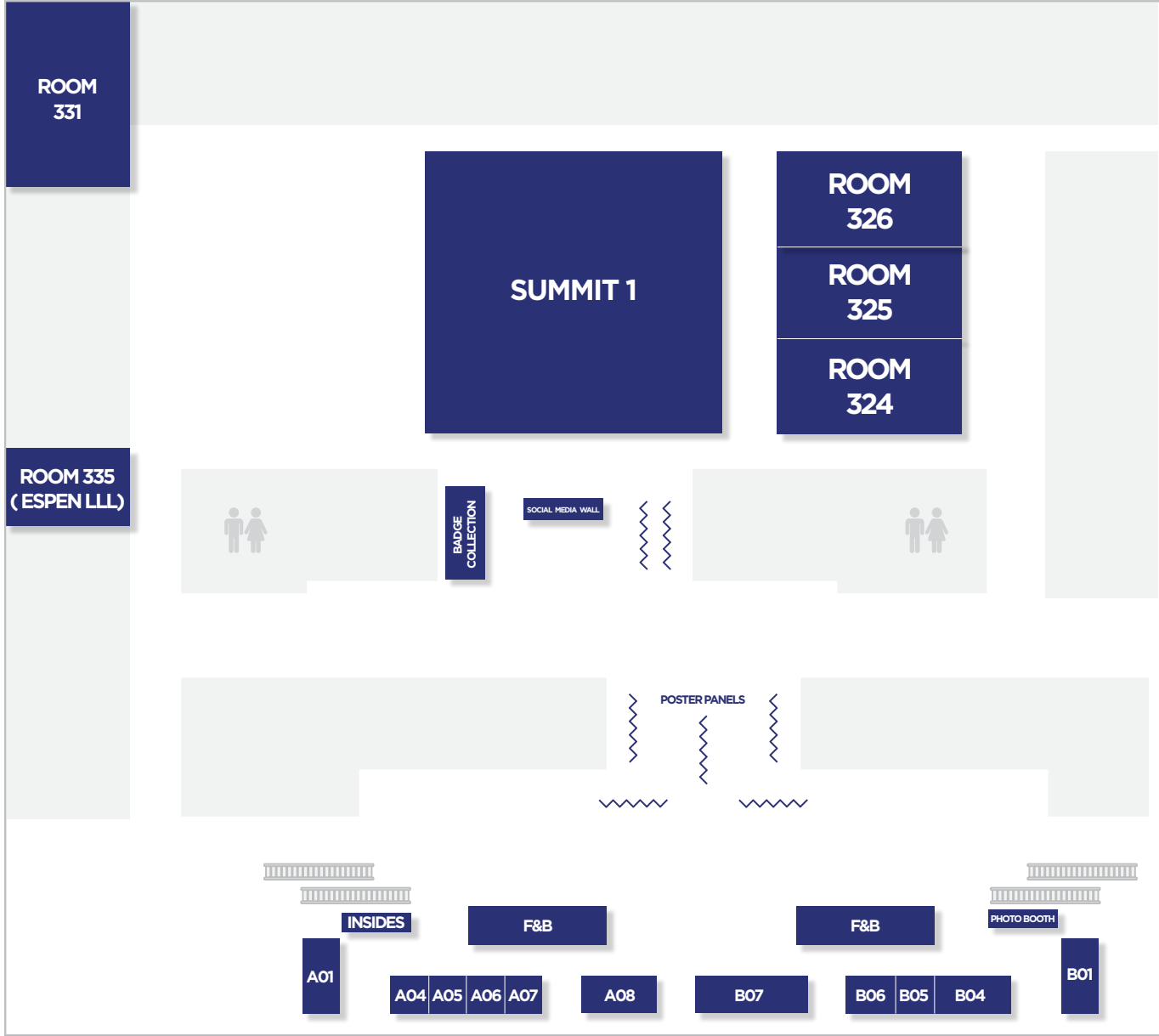


Held in



www.pensa2025.com

NAVIGATING THROUGH PENSA 2025



Exhibitor	Booth No.	Exhibitor	Booth No.
Abbott Laboratories (S) Pte Ltd	B07	Fresenius Kabi (Singapore)	A08
Baxter Healthcare (Asia) Pte Ltd	B04	Hyphens Pharma Pte Ltd	A07
Cardinal Health	A06	InBody Asia	A01
COSMED	B05	Nestle Singapore Pte Ltd	B06
Danone Specialized Nutrition	A04	Otsuka Pharmaceutical Factory, Inc	B01
Dutch Medical Food	A05	The Insides Company	

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WELCOME MESSAGE FROM THE PENSA 2025 CONGRESS PRESIDENT

Dear Esteemed Colleagues,

With immersed pride, the Society for Parenteral and Enteral Nutrition, Singapore (SingSPEN) is delighted to invite you to a momentous dual celebration: the 25th Congress of the Parenteral and Enteral Nutrition Society of Asia (PENSA) and SingSPEN's 10th anniversary!

PENSA 2025 marks a significant milestone in our collective journey towards advancing nutrition care in Asia. Under the theme ***“Strengthening Impactful Nutrition Globally through Science, Practice, Education and Networking (SINGSPEN)”***, this congress presents the perfect platform for leading experts and professionals from all over the world to gather as we consolidate our commitment and forge progress in nutrition therapy.

Join us in Singapore from 7 – 11 October 2025 at the Suntec Singapore Convention & Exhibition Centre for a stimulating programme of plenaries and symposiums designed to encourage meaningful interactions and the exchange of ideas.

This year's event celebrates the 10th anniversary of SingSPEN, which has dedicated a decade to advancing the knowledge and practice of clinical nutrition through education and research, as well as promoting international collaboration in nutrition science and development.

We are committed to delivering an enriching and impactful congress that offers a unique opportunity and platform for Strengthening Impactful Nutrition Globally through Science, Practice, Education and Networking across Asia.

Once again, we look forward to welcoming you to Singapore. Let's shape the future of nutrition care!

Dr Doris Ng Hui Lan
PENSA 2025 Congress President



WELCOME MESSAGE FROM THE PENSA CENTER DIRECTOR

Dear Guests, Colleagues, Doctors, Nurses, Pharmacists, Dieticians and Exhibitors,

On behalf of PENSA Center, it is our great pleasure to welcome you to the PENSA Congress 2025, held in the vibrant city of Singapore. This year's theme, ***"Strengthening Impactful Nutrition Globally through Science, Practice, Education and Networking (SINGSPEN)"*** reflects our commitment to advancing knowledge and practice in the fields of nutrition science, health, and wellness.

Throughout the congress, we will explore the latest research, emerging trends, and innovative solutions to the global challenges facing nutrition and public health today. With a diverse line-up of expert speakers, interactive workshops, and opportunities for collaboration, we hope this event will be an inspiring platform for growth, connection, and positive impact.

We invite you to actively engage, share your insights, and connect with fellow attendees as we work together towards a healthier and more sustainable future.

We look forward to a productive and memorable experience with all of you here in Singapore.

Warm regards,

A/Prof Soranit Siltharm, MD
Director
PENSA Center

ORGANISING SOCIETIES

ABOUT PENSA

The Parenteral and Enteral Nutrition Society of Asia (PENSA) is a society for Asian physicians and personnel working in nutritional support. The society was founded on May 6, 1995 at a meeting in Chiang Rai, Thailand, by a group of physicians from Japan, China, Indonesia, Malaysia, Philippines, Pakistan and Thailand. It was founded to provide a forum in which Physicians practicing nutritional support for hospitalised patients could address and exchange clinical experiences and scientific data in nutritional sciences that are unique to this region. Since that time the society has experienced great growth. The Congress of PENSA was a special academic meeting for people practicing nutritional support.

GOALS

- To foster research and development in nutritional support in Asian Countries.
- To provide a forum to address and exchange clinical experiences and scientific data in nutritional support, oriented at improvement in overall patient care.
- To propagate, by means of providing education, the awareness of physicians of the importance of nutritional support in hospitalised patients.
- To create good relationships among international nutritional societies.
- To perform activities concerning the nutritional support for the hospitalised patients without political involvement.



ORGANISING SOCIETIES

ABOUT SINGSPEN

Society for Parenteral and Enteral Nutrition (Singapore) was founded in 2015 by a group of healthcare professionals who are involved in the provision of clinical nutrition therapies, including parenteral and enteral nutrition.

OUR VISION

Advancing the science and practice of clinical nutrition and metabolism for better patient care.

OUR OBJECTIVE

- To advance the knowledge and practice of clinical nutrition through research and education;
- To formulate recommendations, guidelines or standards by consensus working group, about clinical care;
- To promote advancement in nutrition science, research and development through international cooperation at the global level; and
- To organise clinical meetings, seminars, conventions and all such acts and things incidental or subsidiary to all or any of the above.

OUR MISSION

Through education and research, we hope to bring about awareness of the importance of nutritional support in hospitalised patients and advancing the science and practice of clinical nutrition and metabolism for better patient care.



GENERAL INFORMATION



Date

ESPEN Life Long Learning Course & Pre-Congress Workshop

7 – 8 October 2025

Main Congress

9 – 11 October 2025

Singapore is 8 hours ahead of Greenwich Mean Time (GMT +8) and does not observe daylight savings time



Venue

Suntec Singapore Convention & Exhibition Centre
1 Raffles Blvd, Singapore 039593



Getting to the Venue

By Car / Taxi / Grab

From Airport

Alight at our driveway along Temasek Boulevard, where The Big Picture is located

For those driving, you may access our basement carpark via the following routes:

- Nicoll Highway
- Raffles Boulevard (from Bras Basah Road)
- Temasek Avenue (from Raffles Boulevard)
- Rochor Road exit from East Coast Expressway (ECP)

Park at West Wing (Green Zone) and use lift lobbies A or B for quick access to Suntec Singapore (L3, L4 or L6)



By Public Transportation

By Train

Alight at Esplanade or Promenade^ via the Circle Line, and City Hall* via the East West Line

Follow these directions to get to Suntec Singapore:

- From CC3 Esplanade MRT Station (3 min):
Take Exit A and follow the signage to our Centre
- From CC4 Promenade MRT Station (5 min):
Take Exit C, walk through Suntec City Mall and follow the signage to our Centre
- From EW13 City Hall MRT Station (8 min):
Walk through City Link Mall and then Esplanade Exchange to get here

^Promenade is also on the Downtown Line

*City Hall is on the East West Line and North South Line

GENERAL INFORMATION



Bus Number(s):

Depending on which bus service you are taking, you may choose to alight at the following stops:

- **Suntec Singapore:**
36, 70M, 111, 133, 133A, 162M, 518, 518A, 700A, 857, NRI, 97, 97A, 70A, 106, 502, 502A, 502B, 518, 551, 578, 581, 577, 580, 575, 576, 579
- **Opposite Suntec Singapore:**
36, 36A
- **Suntec Tower Two:**
107M, 551, 578, 581, 577
- **Suntec Tower Three:**
36, 36A, 531
- **Suntec City/ Opposite Suntec City:**
10, 14, 16, 70, 70M, 196, 608, 541, 547, 70A, 196A



Currency

Currency: Singapore Dollar (SGD)

Credit and debit cards are widely accepted in Singapore



Language

The official language of the congress is English. All abstract submissions and presentations will be made in English.

Simultaneous Interpretation

Simultaneous interpretation is not available on-site



Internet Access

Complimentary WIFI is available within the Congress Venue



Congress Managed by

Kenes MP Asia Pte Ltd

20 Kallang Avenue, PICO Creative Centre Level 2

Singapore 339411

GENERAL INFORMATION



Congress Badge

Please note that your Congress badge is personal and non-transferable. You may collect your badge at the Badge Collection Counter.

Name badges must be worn at all times to gain access to all PENZA 2025 programmes.

Kindly prepare your E-Ticket (QR Code) or confirmation email to ensure a smooth badge collection process.

Please refer to the table below for badge collection counter opening hours:

Date	Time (Singapore GMT +8)
7 October 2025, Tuesday Pre-Congress	0800 – 1730
8 October 2025, Wednesday Pre-Congress	0800 – 1730
9 October 2025, Thursday Day 1	0800 – 1700
10 October 2025, Friday Day 2	0800 – 1700
11 October 2025, Saturday Day 3	0800 – 1230

Your ticket type determines your access to the Main Congress (9 – 11 October 2025). Pre-Congress Programme (7 – 8 October 2025) are available as add-ons, as outlined in the programme.



E-Certificate of Attendance

E-Certificate of attendance will be sent via email 2 weeks after the Congress



Delegate Gift

Visit our participating booths to learn, engage, and collect your stamps!

Take a Photo & Tag Us

Snap a picture of your completed card and tag us on any of our official social media accounts!

Lucky Draw

Submit your completed card to the registration counter to participate in the lucky draw.



Dr. Yoon Young-Hee



Dr. David A. Clark



Dr. Robert M. Anderson



Dr. Yoonhee Park



Dr. J. H. Kim

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INVITED FACULTY



Dr Andrew Li
Singapore



Dr Charles Lew
Singapore



Dr Lim Li Lin
Singapore



A/Prof Will Loh
Singapore



Dr Loong Tse Han
Singapore



Dr Daphnee Lovesley
India



Dr Johnathan Lum
Singapore



Ms Hazel Yeong
Singapore



Prof Rémy Meier
Switzerland



Prof Ayano Nagano
Japan



Dr Doris Ng Hui Lan
Singapore



Ms Ng Puay Shi
Singapore



Dr Ng Yunn Cheng
Singapore



Dr Jeannie Ong
Singapore



Dr Aung Myint Oo
Singapore



Dr Veeradej Pisprasert
Thailand



Prof Philipp Schütz
Switzerland



Prof Pierre Singer
Israel



Prof Dong Woo Shin
Republic of Korea



A/Prof Soranit Siltharm
Thailand



Dr Reynaldo P. Sinamban
The Philippines

INVITED FACULTY



Dr Rebecca Stratton
United Kingdom



Dr Tan Bo Chuan
Singapore



A/Prof Tan Kok Yang
Singapore



Ms Melissa Tan
Singapore



Prof Teh Bin Tean
Singapore



Dr Daruneewan Warodomwicht
Thailand



Prof Jaw-Yuan Wang
Taiwan



Mr Ernest Wong
Singapore



A/Prof Sunny Wong
Singapore



Mr Andrew Xia
New Zealand



Ms Yong Pay Wen
Singapore

Time/Room	Room 335
0800 onwards	Registration
0830 – 1230	Module 1: Obesity Moderator: Prof Rocco Barazzoni, Italy
0830 – 0900	Why Obesity is a Disease – Pathogenesis and Diagnosis Prof Rocco Barazzoni, Italy
0900 – 0930	Obesity Complications – Metabolic Syndrome and Systemic Impact Dr Jayani Tennakoon Jayaweera, Sri Lanka
0930 – 0945	Coffee/Tea Break
0945 – 1015	Obesity Treatment – Lifestyle, Medications and Surgery Prof Rémy Meier, Switzerland
1015 – 1045	Nutritional Derangements and Deficiencies in Obesity – Malnutrition, Sarcopenic Obesity and Therapeutic Implications Prof Rocco Barazzoni, Italy
1045 – 1100	Coffee/Tea Break
1100 – 1230	Case Discussion and Test
1230 – 1330	Lunch
1330 – 1730	Module 2: Nutrition in Cancer Moderator: Prof Rémy Meier, Switzerland
1330 – 1400	Nutritional and Metabolic Consequences of Cancer and its Treatment Dr Doris Ng, Singapore
1400 – 1430	Nutritional Treatment Strategies in Cancer Patients Prof Rémy Meier, Switzerland
1430 – 1445	Coffee/Tea Break
1445 – 1515	Physical Activity and Muscle Training in Cancer Patients Dr Jayani Tennakoon Jayaweera, Sri Lanka
1515 – 1545	Multimodal Approach to Cancer Patients: Nutritional and Clinical Impact Prof Rémy Meier, Switzerland
1545 – 1600	Break
1600 – 1730	Case Discussion and Test

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Time/Room	Room 335	Room 331	Room 325
0800 onwards	Registration		
0830 – 1230	Module 3: Screening, Diagnosis and Assessment of Malnutrition Moderator: Prof Rémy Meier, Switzerland	Leading the Fight Against Sarcopenia: Essential Muscle Assessment Skills for Clinicians <i>(0830 – 1200)</i> 	
0830 – 0910	Screening, Diagnosis and Assessment of Malnutrition Prof Rémy Meier, Switzerland		
0910 – 0950	Body Composition Prof Rocco Barazzoni, Italy		
0950 – 1030	Energy and Protein Balance and Requirement Prof Stanislaw Klek, Poland		
1030 – 1100	Coffee/Tea Break		
1100 – 1230	Case Discussion and Test		
1230 – 1330	Lunch		
1330 – 1730	Module 4: Nutritional Support in the Perioperative Period Moderator: Prof Stanislaw Klek, Poland		
1330 – 1400	Metabolic Responses to Surgical Stress Prof Stanislaw Klek, Poland		
1400 – 1430	Managing Surgical Stress: Principals of Enhanced Recovery (ERAS) Prof Rémy Meier, Switzerland		
1430 – 1445	Coffee/Tea Break		
1445 – 1515	Making the Gut Work Prof Stanislaw Klek, Poland		
1515 – 1545	Nutritional Therapy in the Perioperative Period Prof Rémy Meier, Switzerland		
1545 – 1600	Break		
1600 – 1730	Case Discussion and Test		

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The programme is accurate as of the time of publication (6 October 2025). It is subject to change at the discretion of the Organising Committee without prior notice.

9 OCTOBER, THURSDAY | DAY 1, MAIN CONGRESS

The programme is accurate as of the time of publication (6 October 2025). It is subject to change at the discretion of the Organising Committee without prior notice.

SUMMIT 1
10 OCTOBER, FRIDAY | DAY 2, MAIN CONGRESS

Time/Room	Duration	Summit 1 Programme
0830 - 0900	30 mins	Chair: Dr Doris Ng, Singapore Plenary 4: Improving the Detection and Management of Malnutrition — Inspiration from the UK Dr Rebecca Stratton, United Kingdom
0900 - 1030	90 mins	Symposium 5: Geriatric Nutrition Care Chairs: Ms Hazel Yeong, Singapore Prof Rocco Barazzoni, Italy
0900 - 0920	18 mins presentation	Management of Malnutrition in Older Adults: A Review of the Latest Clinical Guidelines Dr Veeradej Pisprasert, Thailand
0920 - 0940	18 mins presentation	Sarcopenia Dysphagia — Challenges and Opportunities A/Prof Samuel Chew, Singapore
0940 - 1000	18 mins presentation	Evidence-Based to the Nutritional Management of People with Dementia A/Prof Samuel Chew, Singapore
1000 - 1020	18 mins presentation	Surgery in Elderly: Holistic Approach A/Prof Tan Kok Yang, Singapore
1020 - 1030	10 mins	Q&A
1030 - 1100	30 mins	Coffee/Tea Break, Exhibition & Poster Viewing
1100 - 1130	30 mins	Chair: A/Prof Samuel Chew, Singapore Plenary 5: SINGSPEN Post Hospitalisation Discharge Best Practice Recommendations Ms Hazel Yeong, Singapore
1130 - 1300	90 mins	Symposium 7: Nutrition and Diabetes Chairs: A/Prof Will Loh, Singapore Ms Hazel Yeong, Singapore
1130 - 1150	18 mins presentation	Glycaemic Control During Nutrition Support Dr Subhal Dixit, India
1150 - 1215	25 mins presentation	You Can Have Your Chicken Rice and Eat It: Lessons from Our Asian Culinary Habits Prof Jeyakumar Henry, Singapore
1215 - 1240	25 mins presentation	Food as Medicine: Integrating Traditional Diets for Glycemic Control Prof Winnie Chee, Malaysia
1240 - 1250	10 mins	Q&A
1300 - 1400	60 mins	Chair: A/Prof Samuel Chew, Singapore Satellite Lunch Symposium by Abbott: Pioneering Advances to Tackle Muscle Health and Malnutrition Prof Philipp Schütz, Switzerland
1400 - 1430	30 mins	Lunch, Exhibition & Poster Viewing
1430 - 1500	30 mins	Chair: Dr Foo Fung Joon, Singapore Plenary 6: SINGSPEN — Delphi Consensus for Surgical Management of Sarcopenia A/Prof Frederick Koh, Singapore
1500 - 1530	30 mins	Chair: Dr Doris Ng, Singapore Plenary 7: GLIM Update and What Does This Mean for Asia? Dr Veeradej Pisprasert, Thailand
1600 - 1730	30 mins	Coffee/Tea Break, Exhibition & Poster Viewing
1600 - 1730	90 mins	Symposium 9: Microbiome and Health Chairs: Dr Jeannie Ong, Singapore Prof Rémy Meier, Switzerland
1600 - 1620	18 mins presentation	Diet, Microbiome, and Gut Health Prof Dirk Haller, Germany
1620 - 1640	18 mins presentation	Exploring Microbiome and Dietary Patterns: Implications for Metabolic Health A/Prof Sunny Wong, Singapore
1640 - 1700	18 mins presentation	Gut Microbiome and Immune Response in Cancer Therapy Dr Jonathan Lee, Singapore
1700 - 1720	18 mins presentation	Microbiome and Metabolite Changes Post-Bariatric Surgery: Impact on Weight Loss Dr Chue Koy Min, Singapore
1720 - 1730	10 mins	Q&A
1740 - 1810	30 mins	Chair: Dr Andrew Li, Singapore Plenary 8: Critical Care Nutrition: Two Decades of Evolution Dr Charles Lew, Singapore

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ROOM 325 10 OCTOBER, FRIDAY DAY 2, MAIN CONGRESS		
Time/Room	Duration	Room 325 Programme
0900 – 1030	90 mins	Symposium 6: Parenteral Nutrition Chairs: Dr Jeannie Ong, Singapore Prof Jaw-Yuan Wang, Taiwan
0900 – 0920	18 mins presentation	Micronutrients Are Essential for PN: Too Little, Too Much, or Just Right Mr Andrew Xia, New Zealand
0920 – 0940	18 mins presentation	Compounded and RTU PN: When and How to Use Effectively and Safely Dr Johnathan Lum, Singapore
0940 – 1000	18 mins presentation	PN Life Line: Evidence-Based Management and Care Dr Lim Li Lin, Singapore
1000 – 1020	18 mins presentation	Compounding PN – Compatibility Considerations and Stability Limits Prof Kathleen Gura, United States
1020 – 1030	10 mins	Q&A
1030 – 1100	90 mins	<i>Coffee/Tea Break, Exhibition & Poster Viewing</i>
1130 – 1300	30 mins	Symposium 8: Nutrition Support in Chronic Diseases Chairs: Dr Charles Lew, Singapore Dr Tan Bo Chuan, Singapore
1130 – 1150	90 mins	Cancer Prof Rémy Meier, Switzerland
1150 – 1210	18 mins presentation	Nutritional Therapy in Chronic Kidney Disease: Striking the Right Balance Dr Daphnee Lovesley, India
1210 – 1230	18 mins presentation	Chronic Respiratory Disease Dr Jayani Tennakoon Jayaweera, Sri Lanka
1230 – 1240	10 mins	Q&A
1400 – 1430	30 mins	<i>Lunch, Exhibition & Poster Viewing</i>
1530 – 1600	30 mins	<i>Coffee/Tea Break, Exhibition & Poster Viewing</i>
1600 – 1730	90 mins	Symposium 10: PEN Society Sharing II Chairs: Dr Ng Yunn Cheng, Singapore Ms Hazel Yeong, Singapore
1600 – 1620	18 mins presentation	Best Practices for Home EN Prof Ayano Nagano, Japan (JSPEN)
1620 – 1640	18 mins presentation	Best Practices for Home PN Prof Jaw-Yuan Wang, Taiwan (TSPEN)
1640 – 1700	18 mins presentation	Best Practices for Home EN Dr Daruneewan Warodomwicht, Thailand (SPENT)
1700 – 1720	18 mins presentation	The Use of Enhanced Local Food to Support Better Nutrition Intake During Hospitalisation Dr Subhal Dixit, India (ISPEN)
1720 – 1740	18 mins presentation	The Use of Enhanced Local Food to Support Better Nutrition Intake During Hospitalisation Dr Josef Hartono, Indonesia (INASPEN)

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ROOM 324
10 OCTOBER, FRIDAY | DAY 2, MAIN CONGRESS

Time/Room	Duration	Room 324 Programme
0900 - 1030	90 mins	Oral Presentation III: Critical Care I Judges: Dr Charles Lew, Singapore A/Prof Will Loh, Singapore
0900 - 0915	10 mins presentation	Dysphagia in ICU Survivors After Prolonged Mechanical Ventilation: A Prospective Study Hyebeen Kim, South Korea
0915 - 0930	10 mins presentation	Procedure-Related Interruption of Enteral Nutrition in Indian Tertiary ICUs: A Nationwide Survey on Practice Patterns and Gaps Harish Mallapura Maheshwarappa, India
0930 - 0945	10 mins presentation	Prognostic Impact of GLIM-Defined Severe Malnutrition Assessed by Skeletal Muscle Mass Index Complemented With Temporal Muscle Volume in Critically Ill Adults: A Comparative Analysis Tomoka Miyagi, Japan
0945 - 1000	10 mins presentation	Evaluating Muscle Loss in CABG Patients: A Study on Sarcopenia and Surgical Outcomes Haritha Bathina, India
1000 - 1015	10 mins presentation	Optimal Protein Requirement and Its Determining Factors Among Critically Ill Patients With Acute Kidney Injury: A Post Hoc Analysis of the ENGINE Randomized Controlled Trial Wankawee Jeerangsapasuk, Thailand
1015 - 1030	10 mins presentation	Beyond the Hospital: Navigating Post-Hospital Care and the Impact of Continuity on Home Enteral Nutrition Patients Daphnee Lovesley, India
1030 - 1100	30 mins	Coffee/Tea Break, Exhibition & Poster Viewing
1130 - 1230	60 mins	Oral Presentation IV: Nutritional Assessment & Intervention Studies Judges: A/Prof Samuel Chew, Singapore Dr Loong Tse Han, Singapore
1130 - 1145	10 mins presentation	Implementing Regular Nutrition Re-Screening at Hospital Discharge - Is It Feasible? A Collaboration Between Health Care Professionals Ng Yunn Cheng, Singapore
1145 - 1200	10 mins presentation	Efficacy of L-Arginine, L-Glutamine, and L-Leucine Supplementation in the Treatment of Diabetic Foot Ulcers: A Randomised, Double-Blind, Controlled Study Thuy Phuong Ha, Vietnam
1200 - 1215	10 mins presentation	Phase Angle as an Indicator of Cellular Integrity: A Multivariate Approach Using BIA-Derived Parameters Bhakti Samant, India
1215 - 1230	10 mins presentation	Hydration Status in Subjects With Fever Visiting the Out-Patient Departments Utilizing Point of Care Salivary Osmolality Testing Tarique Meer, Singapore
1400 - 1430	30 mins	Lunch, Exhibition & Poster Viewing
1530 - 1600	30 mins	Coffee/Tea Break, Exhibition & Poster Viewing
1600 - 1700	60 mins	Oral Presentation V: Critical Care II, Perioperative & Liver/GI Judges: Dr Andrew Li, Singapore Dr Loong Tse Han, Singapore
1600 - 1615	10 mins presentation	Nutrition-Related Predictors of Prolonged Hospital Stay in Critically Ill Obese Indian Patients: A Logistic Regression Analysis Ramya Subburaj, India
1615 - 1630	10 mins presentation	Applying Gastric Residual Volume as One of the Indicators for Enteral Feeding Intolerance: A Scoping Review An Tuong Bui, Vietnam
1630 - 1645	10 mins presentation	Surgical Outcome of the Patients Undergoing Major Abdominal Surgeries in Relation to Their Nutritional Status in Surgical Units at the National Hospital of Sri Lanka Sriyani De Alwis, Sri Lanka
1645 - 1700	10 mins presentation	Predictive Capacity of Malnutrition and Short-Term Outcome by Nutrition Screening Tools in Adult Patients With Chronic Liver Disease Referred for Liver Transplant in Sri Lanka Mihidukulasooriya Juwanwarnage Sanduni Greyshala Fernando, Sri Lanka

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AWARDS

Cash prizes will be awarded to outstanding submissions in both Oral and Poster Presentation categories. Awards will be based on the quality, originality, and impact of the research presented.



Oral Presentation Awards

Best Oral Presentation – SGD 700

2 Runners-Up – SGD 500



Poster Presentation Awards

Best Poster Presentation – SGD 500

2 Runners-Up – SGD 300



PENSA Center Award

USD 1,000

ORAL PRESENTATIONS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Nutrition and Cancer	Ryota Matsui	ORP-0020	Impact of Sarcopenic Obesity on Postoperative Outcomes in Patients With Upper GI Cancer: A Systematic Review and Meta-Analysis
Nutrition and Chronic Disease	Jyothi S. Krishnan	ORP-0105	Association of Protein Intake and Physical Activity With Muscle Strength and Muscle Mass in Older Adults Undergoing Haemodialysis
Obesity and the Metabolic Syndrome	Le Lam Tuyet Duy	ORP-0003	The Prevalence and Predictive Value of Metabolic Syndrome Among Healthcare Workers at S.I.S Can Tho International General Hospital
Obesity and the Metabolic Syndrome	Aiswarya Raj P. R.	ORP-0025	A Cross-Sectional Analysis of the Relationship Between BMI and Body Composition Parameters in Adults: A Gender- and Age-Based Study
Obesity and the Metabolic Syndrome	Arunie Kokila Malwatta	ORP-0074	Comparison Between Metabolic Profiles of Patients Undergoing Revision Bariatric Surgery Versus First-Time Bariatric Surgery: Retrospective Cohort Study
Nutrition In Other Elective Surgeries	Cheah Shu Ting	ORP-0108	Nurse-Led SUPREME PLUS Discharge Protocol in Reducing Post-Discharge Complications and Readmission among Colorectal Surgical Patients
Nutritional Assessment	Jeremiah C. Torrico	ORP-0096	Evaluation of Malnutrition Risk Screening (MNRS) Tools in Hospitalized Pediatric Patients
Nutritional Assessment	Ma. Nina Castillo-Reyes	ORP-0031	Association of Factors Influencing the Nutritional Status of Hemodialysis Patients Using the Dialysis Malnutrition Score (DMS)
Nutritional Assessment	Radha Reddy Chada	ORP-0032	Nutrition Scanner: A Vision-Language AI Framework for Automated Nutritional and Dietary Assessment in Resource-Limited Settings
Nutritional Assessment	Jose Rodolfo Dimaano Jr.	ORP-0048	A Third of Pacific Asian Adults Experience Nutritional Risk Based on Handgrip Strength Assessments
Nutritional Assessment	Siree Wongrukmit	ORP-0062	Development of a Machine Learning Model to Predict Malnutrition in Thai Cancer Inpatients
Nutritional Assessment	Reshma Aleem	ORP-0064	Evaluating the Influence of Nutrition-Related Variables on MNA Scores in Oncology Patients Receiving Radiotherapy
Critical Care	Hyebeen Kim	ORP-0014	Dysphagia in ICU Survivors After Prolonged Mechanical Ventilation: A Prospective Study
Critical Care	Harish Mallapura Maheshwarappa	ORP-0017	Procedure-Related Interruption of Enteral Nutrition in Indian Tertiary ICUs: A Nationwide Survey on Practice Patterns and Gaps
Critical Care	Tomoka Miyagi	ORP-0024	Prognostic Impact of GLIM-Defined Severe Malnutrition Assessed by Skeletal Muscle Mass Index Complemented With Temporal Muscle Volume in Critically Ill Adults: A Comparative Analysis
Critical Care	Haritha Bathina	ORP-0026	Evaluating Muscle Loss in CABG Patients: A Study on Sarcopenia and Surgical Outcomes
Critical Care	Wankawee Jeerangsapasuk	ORP-0057	Optimal Protein Requirement and Its Determining Factors Among Critically Ill Patients With Acute Kidney Injury: A Post Hoc Analysis of the ENGINE Randomized Controlled Trial
Critical Care	Daphnee Lovesley	ORP-0059	Beyond the Hospital: Navigating Post-Hospital Care and the Impact of Continuity on Home Enteral Nutrition Patients
Nutritional Assessment	Ng Yunn Cheng	ORP-0021	Implementing Regular Nutrition Re-Screening at Hospital Discharge – Is It Feasible? A Collaboration Between Health Care Professionals
Nutritional Intervention Studies	Thuy Phuong Ha	ORP-0038	Efficacy of L-Arginine, L-Glutamine, and L-Leucine Supplementation in the Treatment of Diabetic Foot Ulcers: A Randomised, Double-Blind, Controlled Study
Nutritional Assessment	Bhakti Samant	ORP-0104	Phase Angle as an Indicator of Cellular Integrity: A Multivariate Approach Using BIA-Derived Parameters
Nutritional Epidemiology	Tarique Meer	ORP-0061	Hydration Status in Subjects With Fever Visiting the Out-Patient Departments Utilizing Point of Care Salivary Osmolality Testing
Critical Care	Ramya Subburaj	ORP-0101	Nutrition-Related Predictors of Prolonged Hospital Stay in Critically Ill Obese Indian Patients: A Logistic Regression Analysis
Critical Care	An Tuong Bui	ORP-0103	Applying Gastric Residual Volume as One of the Indicators for Enteral Feeding Intolerance: A Scoping Review
Liver and Gastrointestinal Tract	Sriyani De Alwis	ORP-0013	Surgical Outcome of the Patients Undergoing Major Abdominal Surgeries in Relation to Their Nutritional Status in Surgical Units at the National Hospital of Sri Lanka
Liver and Gastrointestinal Tract	Mihidukulasooriya Juwanwarnage Sanduni Greyshala Fernando	ORP-0093	Predictive Capacity of Malnutrition and Short-Term Outcome by Nutrition Screening Tools in Adult Patients With Chronic Liver Disease Referred for Liver Transplant in Sri Lanka

POSTER PRESENTATIONS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Nutritional Assessment	Maki Shirobe	PP-0037	Comparison of Nutritional Status and Swallowing Function According to the Severity in Older Adults With Alzheimer’s Disease
Nutritional Assessment	Chen Hua Hsin	PP-0127	Benefits of Using a Commercial 3-in-1 Formula for Intravenous Nutrition in a Regional Teaching Hospital in Central Taiwan
Nutritional Epidemiology	Yuzuha Saito	PP-0046	Anorexia Nervosa and Bone Mineral Density: A Mendelian Randomization Study
Perioperative Care	Carman Wong Hang Man	PP-0055	Evaluation of Nutritional Parameters Following Dietetic Intervention in Surgical Patients With Malnutrition Risk Participating in ERAS (Enhanced Recovery After Surgery) in Hong Kong
Perioperative Care	Ryota Nakamra	PP-0064	The Effect of Combination With Preoperative Sarcopenia and Immunonutritional Parameters in Patients With Lung Cancer Surgery
Perioperative Care	Satoshi Yoneyama	PP-0065	Billroth-I Reconstruction Preserves Skeletal Muscle After Distal Gastrectomy Compared With Billroth-II/Roux-en-Y: A Single-Center Cohort Study
Perioperative Care	Lee Hui Bing	PP-0115	Nutrition Support for Sarcopenic Surgical Patients – Don’t Start Late and Don’t End Early
Perioperative Care	Mah ShiMin	PP-0117	The Role of Vitamin D Supplementation in Enhancing Muscle Strength Post-Surgery: A Systematic Review
Nutrition and Chronic Disease	Xiang Wanwipa Srikhajonjit	PP-0047	Efficacy of Using Diabetes-Specific Formula as a Meal Replacement to Support Diabetes Treatment
Nutrition and Chronic Disease	Panpanit Sukwarodwat	PP-0073	Nutritional Status Changes Across Phases of Severe Corrosive Injury With Successful Esophageal Preservation Using Repeated Endoscopy and Intraluminal Fibrinous Adhesiolysis (RIFLE): A Case Series
Nutrition and Chronic Disease	Liang Zet Hui	PP-0113	Effect of a Combined Nutritional and Exercise Education Video on Sarcopenia Knowledge and Practice in Haemodialysis Patients
Nutrition and Chronic Disease	Tan Doan Duy	PP-0137	Sarcopenia and Other Associated Factors in Maintenance Hemodialysis Patients in Vietnam
Nutritional Assessment	Manju P. George	ORP-0086	Comparative Analysis of SGA and GLIM as Nutritional Screening Tools Among Oncology Patients in Kochi, Kerala
Nutrition and Cancer	Pin-hui Wei	ORP-0051	Postoperative Total Parenteral Nutrition Improves Neutrophil-Lymphocyte Ratio in Malnourished Colorectal Cancer Patients
Critical Care	Kwan Wing Man	PP-0071	Analysis of Resting Energy Expenditure Measured by Indirect Calorimetry in Critically Ill Patients
Critical Care	I Dewa Gde Wira Saskara	PP-0138	Prognostic Nutritional Index (PNI) as an Independent Predictor of In-Hospital Mortality in Intensive Cardiovascular Care Unit (ICVCU) Patients: A Retrospective Cohort Study
Liver and Gastrointestinal Tract	Wei Lin Chang	PP-0036	Impact of Protein and Fat Consumption on Gut Microbiota Functions in Individuals With Prediabetes
Micronutrients	Sayuki Kadoya	PP-0026	Nutritional Assessment and Association With Hypozincemia in Home Tube Feeding Patients
Micronutrients	An-Chi Lee	PP-0080	Does Zinc Supplementation Reduce Mortality in Critically Ill Patients? — An Evidence-Based Review
Obesity and the Metabolic Syndrome	Thanawadee	PP-0039	Effectiveness of Weight Loss With Different Timing of Inulin Administration: An Open-Label Randomized Controlled Trial
Paediatrics	Yen, Chuan-Shu	PP-0043	Nutritional Intervention in an Infant With Severe Gastroparesis: A Case Report
Paediatrics	Fu-Wen Liang	PP-0072	Preterm Birth and Risk of Childhood Obesity at Age Five
Paediatrics	Huichin Chiang	PP-0112	Experience of Nutrition Care in an Infant with Citrullinemia Type II
Paediatrics	Dian Novita Chandra	PP-0012	Growth Milk Impact on the Anthropometry, Appetite, and Eating Behavior of Children Aged 2-5 Years: A Randomized Controlled Trial
Geriatrics	Yu-Chin Hsiao	PP-0042	Nutritional Status as a Predictor of Cognitive Impairment in Hospitalized Older Adults
Geriatrics	Su-E Kuo	PP-0051	Creating an Environment Conducive to Health Promotion and Prevent Frailty Among Elderly in Taiwan
Geriatrics	Chung-Han Ho	PP-0078	Improving Caloric Intake Through Soft Diets in Frail Older Adults With Swallowing Difficulties
Nutritional Intervention Studies	Tansy Koh	PP-0129	BCAA Supplementation and Signalling Diversity in Sarcopenic Muscle

POSTER DISPLAY PANELS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Critical Care	Felix M. Anastacio Jr.	ORP-0012	The Influence of Disease Severity, Dietary Intake, and Nutritional Status on Clinical Outcomes of Critically Ill Patients: A Cross-Sectional Study
Critical Care	Haritha Bathina	ORP-0027	Impact of Tailored Nutritional Intervention in Critical Care
Critical Care	Wina Sinaga	ORP-0039	Relationship Between Critically Ill Patients' Albumin Levels at Admission and Their Gastrointestinal Dysfunction Score
Critical Care	Jeeyoung Lee	ORP-0043	Impact of Total Parenteral Nutrition on Serum Phosphorus Levels in Patients With Liver Cirrhosis
Critical Care	Radha R. Chada	ORP-0046	Managing Enteral Nutrition Interruptions in the ICU: An Expert, Evidence, and Experience (EEE) Approach to Enhancing Nutrition Adequacy
Critical Care	Vijayashree N	ORP-0060	Early Nutrition in the ICU: A Key to Preserving Quality of Life
Critical Care	Vinitha Krishnan	ORP-0069	Prognostic Value of the Gastrointestinal Dysfunction Score in ICU Patients: An Observational Analysis
Critical Care	Sandhya Singh S.	ORP-0091	Prescribed vs. Delivered Nutrition in the ICU: A Prospective Study of Enteral Feeding Adequacy and Patient Outcomes
Critical Care	Li-Yen Tsao	PP-0018	Enteral Nutrition Management and Effectiveness for Burn-Injured Patients
Critical Care	Sujatha Konda	PP-0141	From Crisis to Recovery: Mitigating Eclampsia and PRES Through Early Nutrition Intervention
Geriatrics	Tan Li Feng	ORP-0011	Prevalence of Nutritional Impairment Assessed by the WHO ICOPE Screening Tool in the Population-Based Queenstown Community Cohort
Geriatrics	Shih Ting Tien	PP-0008	Promoting Dysphagia Care: Applying IDDSI Frameworks in Videofluoroscopic Swallow Study Procedures
Geriatrics	Liu Tsui Chuan	PP-0021	Optimizing Nutritional Support in an Elderly Burn Patient: A Case-Based Approach
Geriatrics	Hirohiko Mochizuki	PP-0077	Survey of Home Tube Feeding Patients
Geriatrics	Martin Ayuningtyas Wulandari	PP-0145	Medical Nutrition Therapy in Geriatric Patient With Severe Dehydration, Acute Kidney Injury, Hypernatremia, Hyperkalemia, and Steven-Johnson Syndrome During Antituberculosis Therapy
Liver and Gastrointestinal Tract	Shu-Yi Tseng	PP-0048	Short Bowel Syndrome: Nutritional Care in Elderly Women
Liver and Gastrointestinal Tract	Eduward Thendiono	PP-0053	The Impact of Branch-Chaind Amino Acid Plus Ringer's Acetate Infusion in the Management of Dengue-Related Hepatitis
Liver and Gastrointestinal Tract	K C D Karunarathna	PP-0132	Recovery of a Patient With Subacute Combined Degeneration of Spinal Cord (SCDSC) With Severe Malnutrition and a High-Output Enterocutaneous Fistula in a Resource-Poor Setting
Macronutrients Metabolism	Chun-Hong Lai	PP-0110	Impact of Dietary Modification on Metabolic Markers in a Child With 3-Methylcrotonyl-CoA Carboxylase Deficiency: A Case Observation
Micronutrients	Kavyasree Tatikonda	PP-0030	Prevalence of Anemia, PCOD/PCOS - An Observational Study Conducted in Telangana State
Micronutrients	Veronica Wijaya	PP-0032	Pediatric Scurvy: A Case Report
Micronutrients	Made Adinanta Purnawijaya	PP-0140	The Relationship Between Magnesium and Zinc With Hand Grip Strength: A Study Among Adolescent Athletes Aged 15-23 Years
Nutrition and Cancer	Asantha Prabath De Alwis	ORP-0018	Nutrition Status and Its Associations Among Cancer Patients at Anuradhapura Cancer Clinic, Sri Lanka
Nutrition and Cancer	Vallem Prasanthi Suryanarayana	ORP-0028	Maintenance and Improvement of Muscle Mass in Postoperative Oncology Patients Through Nutritional Rehabilitation
Nutrition and Cancer	Sohyun Park	ORP-0036	Evaluation of Dietary Intake in Cancer Patients Following the Implementation of a Hospital Diet Enriched With Nutrient-Dense Smoothies
Nutrition and Cancer	Tran Thi Thanh	ORP-0044	Evaluation of the Real-World Outcomes of Nutritional Interventions Under the ERAS Program in Gastrointestinal Cancer Surgery Patients at Da Nang Oncology Hospital
Nutrition and Cancer	Matoka Okamoto	PP-0011	A Retrospective Study of Anamorelin Use in Cancer Patients Before and After Introduction of the Asian Diagnostic Criteria for Cachexia at Two Japanese Hospitals
Nutrition and Cancer	Su-E Kuo	PP-0035	Outcomes of Nutrition Intervention of Cancer Patients
Nutrition and Cancer	Keiko Sekido	PP-0101	Current Status and Future Challenges of Nutritional Management for Breast Cancer Patients in Japan
Nutrition and Cancer	V. Kavitha	PP-0143	Dietitian's Role in Perioperative Nutrition Support for Gastrointestinal Cancer Patients Undergoing Elective Surgery

POSTER DISPLAY PANELS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Nutrition and Chronic Disease	Sia Juling	ORP-0006	Evaluating the Impact of the PRIME Programme on Muscle Health Literacy Amongst Healthcare Professions in Singapore
Nutrition and Chronic Disease	Shingo Ito	ORP-0009	Clinical Outcomes of Short Bowel Syndrome Patients With Acute Disease Etiologies at Our Institution
Nutrition and Chronic Disease	Malika Aruni Udagedara	ORP-0022	Nutritional Risk Factors for Cardiovascular Disease Among Sri Lankan Adults Following Renal Transplantation: A Single-Center Study
Nutrition and Chronic Disease	Jane Chuah Wai Yee	ORP-0058	Strictures, Stomas, and Starvation: Multidisciplinary Approaches in Surgical Crohn's Care
Nutrition and Chronic Disease	Zamurrud Patel	ORP-0072	Salt Intake in Healthy Kidney Donors
Nutrition and Chronic Disease	Sharmaine C. Depita	ORP-0076	Association of Malnutrition in Length of Hospital Stay and Mortality Among Patients With End-Stage Renal Disease Admitted in a Tertiary Government Hospital
Nutrition and Chronic Disease	Radhika Mamellapalli	ORP-0079	Nutritional Profile of Chronic Kidney Disease Patients: A Focus on Macro and Micronutrient Deficiencies in a Tertiary Care Setting
Nutrition and Chronic Disease	Jane Chuah Wai Yee	PP-0009	Necrotizing Fasciitis Post Bariatric Surgery
Nutrition and Chronic Disease	Chan Pui Kwan	PP-0010	Multidisciplinary Nutrition Support Team in Princess Margaret Hospital: Optimizing Care in Patients With Complicated Nutritional Problems
Nutrition and Chronic Disease	Ruzbih Anand Ananthan	PP-0015	Malnutrition, Resistance, and a Failing Gut: The High-Stakes Management of Gastrointestinal Tuberculosis
Nutrition and Chronic Disease	Nutchaya Kullavanijaya	PP-0060	Case Report: Postpartum Osteoporosis in a Patient With Chronic Intestinal Failure
Nutrition and Chronic Disease	Vijayashree N	PP-0092	Metabolic and Anthropometric Shifts Following Kidney Transplantation: A Study on Obesity Prevalence and Progression
Nutrition and Chronic Disease	Nelgin Gerenli	PP-0098	Malnutrition Scores of Children With Celiac Disease at the Time of Diagnosis of the Disease
Nutrition and Chronic Disease	Xavier Chan	PP-0114	Comparative Study of Ferric Carboxymaltose (FCM) Versus Ferric Derisomaltose (FDI) on Fracture Rates
Nutrition and Chronic Disease	K. C. D. Karunarathna	PP-0133	Clinical Audit on Healthcare Practices Related to Reducing Salt Consumption Among Patients With Hypertension Attending Medical Nutrition Clinic (MNC) at Teaching Hospital, Kalubowila, Sri Lanka
Nutrition and Chronic Disease	Yu-An Chen	PP-0090	The Impact of Therapeutic Meals (Diabetic Meal) on Glycemic Control for Inpatients With Type 2 Diabetes
Nutritional Assessment	Vatana V. Sundar	ORP-0023	Phase Angle Derived From Bioelectrical Impedance Analysis Is Associated With Malnutrition and Clinical Outcomes Among Hospitalised Cardiac Patients
Nutritional Assessment	Aiswarya Raj P. R.	ORP-0037	Diagnostic Accuracy of GLIM Criteria Against PG-SGA in Assessing Malnutrition During Chemotherapy
Nutritional Assessment	Haritha Bathina	ORP-0041	Nutritional Assessment of Chemo-Radiation Patients Using PG-SGA and NFPPE Tools in a Tertiary Care Hospital: An Observational Study
Nutritional Assessment	Sung Hyun Kim	ORP-0050	Quantitative vs. Qualitative Assessment of Sarcopenia: A Comparative Analysis for Predicting Postoperative Outcomes After Pancreatoduodenectomy
Nutritional Assessment	Tippawan Siritientong	ORP-0053	Double Burdens of Malnutrition and Sarcopenia in Patients With Metastatic Colorectal Cancer
Nutritional Assessment	Bhakti Samant	ORP-0068	The Hidden Burden of Sarcopenia: A Cross-Sectional Analysis of Muscle Health Across Lifespan and Body Mass Index (BMI) Spectrum Using Skeletal Muscle Index (SMI)
Nutritional Assessment	Jeeyoung Lee	ORP-0070	Predictive Role of Preprocedural PNI in Gastrointestinal Tolerance After PEG/PRG Tube Placement
Nutritional Assessment	Jyothi S. Krishnan	ORP-0080	Comparative Analysis of Clinical Characteristics and Nutritional Status in Women With Polycystic Ovarian Syndrome (PCOS) Aged 18-29 and 30-45 Years
Nutritional Assessment	Manju P. George	ORP-0084	Efficacy Analysis of Validated Nutritional Status Assessment Tools in a Critical Care Setting From Kochi, Kerala
Nutritional Assessment	Edwina Raj	ORP-0106	Calf Circumference as a Nutrition Screening Tool for Low Skeletal Muscle Mass in Comparison With Hand Grip Strength Among Indian Adults
Nutritional Assessment	You-Yi Chen	PP-0017	Comparison of Indirect Calorimetry and Predictive Equations for Estimating Energy Requirements in Critically Ill Elderly Patients
Nutritional Assessment	Isuri Rajika Weerakkody	PP-0020	Evaluating Gaps in Nutritional Screening and Referral Practices in Advanced Chronic Liver Disease: A Sri Lankan Gastroenterology Clinic Clinical Audit

POSTER DISPLAY PANELS

Abstract Topic	Full Name	Abstract ID	Abstract Title
Nutritional Assessment	Lasith Uyanege	PP-0025	A Cohort Study on Association Between Pre-Operative Nutritional Status Assessed by GLIM Tool and Post-Major Gastro-Intestinal Surgical Complications at a Tertiary Care Hospital, Sri Lanka
Nutritional Assessment	Keiko Motokawa	PP-0027	Association Between Ultra-Processed Food Consumption and Protein/Energy Ratio Among Community-Dwelling Older Adults
Nutritional Assessment	Chiaki Matsubara	PP-0068	Association Between Nutritional Intake Methods and Oral Health Status in Hospitalized Patients With Schizophrenia
Nutritional Assessment	Eileen Canday	PP-0081	Survey-Based Analysis of Nutrition Intervention in Organ Transplant Patients Across Diverse Healthcare Settings
Nutritional Assessment	Chaula Putri Rizkia	PP-0082	Changes in Nutritional Status in Burn Injury Patients: The Role of Macronutrient Adequacy – A Case Series
Nutritional Assessment	Yen-Tsz Chen	PP-0091	Nutritional Issues and Diverse Diet in Preschool Children With Autism Spectrum Disorder
Nutritional Assessment	Ervita Widiarsanti	PP-0134	Case Report: Nutritional Assessment in Moderate Malnutrition Child With Yolk Sac Tumor, Ileus Obstructive, and Grade III Hydronephrosis
Nutritional Assessment	Maha Durage Nirosha	PP-0147	Prevalence of Overweight, Obesity, and Associated Factors Among Individuals Seeking Medical Fitness Certification at the National Hospital of Sri Lanka (NHSL)
Nutritional Epidemiology	Damayanthi Pushpakumara	PP-0058	Prevalence of Malnutrition Among Hospitalized Patients in Neurosurgical Wards: A Cross-Sectional Study
Nutritional Epidemiology	Chanita Unhapitpong	PP-0142	Study Protocol for the Epidemiological Study on Nutritional Management Using Japanese Long-Term Care-Related Data Including Kaigo-DB
Nutritional Intervention Studies	Yasutake Tomata	ORP-0015	Parenteral Nutrition Availability and Practices in Vietnam
Nutritional Intervention Studies	Nguyen Viet Quynh Thu	ORP-0019	Effectiveness of a Low-Iodine Diet in Post-Thyroidectomy Thyroid Cancer Patients Receiving Radioactive Iodine (I-131) Therapy at the Vietnam National Cancer Hospital
Nutritional Intervention Studies	Bach Viet Hoang	ORP-0035	Effect of Personalized Nutritional Counselling on Health Literacy Knowledge Status of the Haemodialysis Patients
Nutritional Intervention Studies	Vallem Prasanthi Suryanarayana	ORP-0040	Diabetes Remission Through a High-Protein, High-Fibre Meal Replacement
Nutritional Intervention Studies	Haritha Bathina	ORP-0052	Role of Fiber-Rich Diet in Modulating Glycemic Levels: An Interventional Study on Diabetes Mellitus Patients in a Specialty Care Hospital
Nutritional Intervention Studies	Ananya Konar	ORP-0063	Effect of Multidisciplinary Quality Improvement Initiative by Nutrition Support Team Rounds in Neurosurgical Patients in Critical Care Unit
Nutritional Intervention Studies	Joohyun Sim	ORP-0067	Optimizing Nutritional Intervention of High Drain Output Post Fontan Completion Surgery in Pediatric Patient With Tricuspid Atresia Type 1B and Severe Pulmonary Stenosis
Nutritional Intervention Studies	Bhakti Samant	PP-0003	Visualisation of Learning About Parenteral Nutrition for Nursing Students
Nutritional Intervention Studies	Yuri Ouchi	PP-0019	Effect of a Renal-Specific Ready-Meal in Retort Pouch Form on Serum Phosphorus in Haemodialysis Patients: A Randomised Controlled Trial
Nutritional Intervention Studies	Aphichat Chatkraitert	PP-0031	Visualizing Nutrition Care Indicators Using Power Business Intelligence
Nutritional Intervention Studies	Ying Ru Chen	PP-0044	Comprehensive Nutritional Management in a Type 1 Diabetic Female With Dysphagia, IDA, and DKA: A Case Study With Six-Month Follow-Up
Nutritional Intervention Studies	Shavva Swathi Supanicha Chawanthayatham	PP-0056	Effects of Nutrition Therapy in Adult Patients With Major Burn That Consult the Nutrition Support Team at Sunpasitthiprasong Hospital, Ubon Ratchathani: A Retrospective Study
Nutritional Intervention Studies	Bhakti Samant	PP-0083	Integrated Nutritional Management in a Rare Co-Presentation of Fanconi Bickel Syndrome and Mucopolysaccharidosis Type 1 (MPS 1) Following Haematopoietic Stem Cell Transplantation
Nutritional Intervention Studies	Abhista Goutham Bandi	PP-0094	Preoperative Nutritional Intervention in a Dysphagia Patient Scheduled for Esophagectomy: Role of Dual Modality Nutrition Therapy – A Case Study Report
Nutritional Intervention Studies	Abhista Goutham Bandi	PP-0095	Integrated Nutritional and Rehabilitation Strategies in a Complex Neurotrauma Case: A Case Study Report
Nutritional Intervention Studies	Wan-Hsiang Hu	PP-0096	The Effect of Nutrition Intervention in the Colorectal Cancer Patients Receiving Postoperative Adjuvant Chemotherapy – Randomized Controlled Trial
Nutritional Intervention Studies	Pornnutchu Bunnak	PP-0097	BMA Nutri Chat: Line Official Account for Community-Based Nutrition Promotion in Urban Bangkok

POSTER DISPLAY PANELS			
Abstract Topic	Full Name	Abstract ID	Abstract Title
Nutritional Intervention Studies	Deepti Khatuja	PP-0121	Nutritional Management of Patient With Chylous Ascites in the Initial Stage of CKD
Nutritional Intervention Studies	Fang-Yu Su	PP-0130	Implementation of a Smart Total Parenteral Nutrition Prescribing System to Enhance Medication Safety and Workflow Efficiency
Obesity and the Metabolic Syndrome	Chanita Unhapipatpong	ORP-0008	Translation, Cross-Cultural Adaptation, and Validation of the Thai Version of the Six-Factor Questionnaire for Obesity (Thai 6-FQ)
Obesity and the Metabolic Syndrome	Phunnisa Talkijkul	ORP-0045	Severe Hypercholesterolemia Secondary to Anorexia Nervosa Following Bariatric Surgery
Obesity and the Metabolic Syndrome	Padmini B. V.	ORP-0055	Effect of Knowledge, Attitude, and Practices on Biochemical Parameters of Metabolic Syndrome Among Young Adults (21-40 Years)
Obesity and the Metabolic Syndrome	Shafali Mehra	ORP-0095	Prevalence of Diabetes, Cardiovascular Diseases, and Obesity in Employees Working in a Multinational Company Due to Faulty Eating Habits
Obesity and the Metabolic Syndrome	Pemaththu Kankanamge Samika Jananatha Kankanamge	ORP-0100	Audit on Evaluation of Screening for Metabolic Syndrome and Initial Management of Overweight and Obese Patients Attending the Medical Nutrition Unit at the National Hospital
Obesity and the Metabolic Syndrome	Eduward Thendiono	PP-0033	Low Glucose Diet Plus Nutraceutical Containing Lagerstroemia and Cinnamomum vs. Standard Therapy in Prediabetes Management: A Retrospective Data
Obesity and the Metabolic Syndrome	Yvana Jan C. Dela Cruz	PP-0125	Lipid Accumulation Product Index as Predictor of Metabolic Syndrome Among Employees in a Tertiary Government Hospital
Obesity and the Metabolic Syndrome	Shashika Subhashini Liyanage	PP-0135	A Clinical Audit on the Achievement of Obesity Treatment Targets in Patients Attending the Medical Nutrition Unit, National Hospital Colombo Over a Six-Month Period
Obesity and the Metabolic Syndrome	Kongphob Chuntim	PP-0144	Sarcopenic Obesity in Srinagarind Hospital
Paediatrics	Adibah Mohd Arshad	ORP-0033	Impact of Revised Standard Parenteral Nutrition Formulation in Optimizing Calcium-Phosphate Concentration in Premature Neonates
Paediatrics	Pei-Chen Lee	ORP-0071	Optimization of Paediatric Parenteral Nutrition Therapy at a Medical Center in Taiwan
Paediatrics	Anelma Rayi Sari Pranasti	ORP-0077	Achievement of Adequate Weight Gain in 12-Month-Old Girl With Severe Acute Malnutrition (SAM) Receiving Therapeutic Feeding Management: A Case Report
Paediatrics	Mustafa Karaoğlu	PP-0007	A Rare Cause of Myoclonic-Astatic Seizures: CLN8 Disease
Paediatrics	Unal Akca	PP-0023	Burnout and Associated Factors in Pediatricians: A Cross-Sectional Study From Türkiye
Paediatrics	Chung-Hung Huang	PP-0024	A Case Report on the Use of Sodium Glycerophosphate in Parenteral Nutrition Therapy in Extremely Low Birth Weight Premature Infant
Paediatrics	Mustafa Bulğan	PP-0054	Griselli Syndrome as a Differential Diagnosis in Hypopigmented Children With Immune Dysfunction: A Case-Based Approach
Paediatrics	Yi Chun Yeh	PP-0111	Nutrition Care for Newly Diagnosed Pediatric Type 1 Diabetes
Paediatrics	Jayani Tennakoon Jayaweera	PP-0116	Lunch Plate Survey in a Pediatric Ward at a Tertiary Care Center in a Developing South Asian Country
Perioperative Care	Li-Sia Tong	PP-0067	Perinatal Management of Pregnancy in 3-Hydroxy-3-Methylglutaryl-CoA (HMG-CoA) Lyase Deficiency Using Multifaceted Enhanced Recovery After Surgery (ERAS) and Nutritional Support: A Case Report
Perioperative Care	Dian Riska Kurniamawati	PP-0088	Nutritional Management in a Postoperative Patient With Gastric Tumor Perforation and Malnutrition: A Case Report
Perioperative Care	Maha Durage Nirosha Damayanthi Pushpakumara	PP-0148	Clinical Audit on Pre-Operative Fasting Time of Patients Undergoing Elective Surgeries in Four Surgical Wards of National Hospital Sri Lanka
Nutrition and Chronic Disease	Maisha Chaudhery	PP-0079	Human Myotubes From Older Adults With Sarcopenia Exhibit Dysregulated Expression of NAD Recycling Enzymes and Restored Levels of NAD Following NAD Precursor Supplementation
Nutritional Assessment	Ng Yunn Cheng	ORP-002	Implementing Regular Nutrition Re-Screening at Hospital Discharge – Is It Feasible? A Collaboration Between Health Care Professionals

ESPEN LIFE LONG LEARNING COURSE

ESPEN LLL Course Sponsor:



Modules

Module 1

Date 7 October 2025
Venue Room 335
Time 0830 – 1230
Topic ESPEN Life Long Learning: Module 1 – Obesity
Moderated by Prof Rocco Barazzoni, Italy

- Why Obesity is a Disease – Pathogenesis and Diagnosis by Prof Rocco Barazzoni, Italy
- Obesity Complications- Metabolic Syndrome and Systemic Impact by Dr Jayani Tennakoon Jayaweera, Sri Lanka
- Obesity Treatment – Lifestyle, Medications and Surgery by Prof Rémy Meier, Switzerland
- Nutritional Derangements and Deficiencies in Obesity – Malnutrition, Sarcopenic Obesity and Therapeutic Implications by Prof Rocco Barazzoni, Italy
- Case Discussion & Test

Module 2

Date 7 October 2025
Venue Room 335
Time 1330 – 1730
Topic ESPEN Life Long Learning: Module 2 – Nutrition in Cancer
Moderated by Prof Rémy Meier, Switzerland

- Nutritional and Metabolic Consequences of Cancer and Its Treatment by Dr Doris Ng, Singapore
- Nutritional Treatment Strategies in Cancer Patients by Prof Rémy Meier, Switzerland
- Physical Activity and Muscle Training in Cancer Patients by Dr Jayani Tennakoon Jayaweera, Sri Lanka
- Multimodal Approach to Cancer Patients: Nutritional and Clinical Impact by Prof Rémy Meier, Switzerland
- Case Discussion & Test

ESPEN LIFE LONG LEARNING COURSE

ESPEN LLL Course Sponsor:



Module 3

Date 8 October 2025
Venue Room 335
Time 0830 – 1230
Topic ESPEN Life Long Learning: Module 3 – Screening, Diagnosis and Assessment of Malnutrition
Moderated by Prof Rémy Meier, Switzerland

- Screening, Diagnosis and Assessment of Malnutrition by Prof Rémy Meier, Switzerland
- Body Composition by Prof Rocco Barazzoni, Italy
- Energy and Protein Balance and Requirement by Prof Stanislaw Klek, Poland
- Case Discussion & Test

Module 4

Date 8 October 2025
Venue Room 335
Time 1330 – 1730
Topic ESPEN Life Long Learning: Module 4 – Nutritional Support in the Perioperative Period
Moderated by Prof Stanislaw Klek, Poland

- Metabolic Responses to Surgical Stress by Prof Stanislaw Klek, Poland
- Managing Surgical Stress: Principals of Enhanced Recovery (ERAS) by Prof Rémy Meier, Switzerland
- Making the Gut Work by Prof Stanislaw Klek, Poland
- Nutritional Therapy in the Perioperative Period by Prof Rémy Meier, Switzerland
- Case Discussion & Test

PRE-CONGRESS WORKSHOP

Programme

Time	Agenda
0730 - 0830	Registration
0830 - 0850	Opening Address: Is Sarcopenia the New ‘Skeleton’ in the Cupboard? A/Prof Frederick Koh Hong Xiang
0850 - 0920	Multi-disciplinary Panel Top Tips on Recognition & Treatment of Sarcopenia Faculty
0920 - 0930	Break
0930 - 1130	Muscle Health Stations (30 minutes per station) Refer to Muscle Health Stations as below
1130 - 1150	Questions & Answers Faculty
1150 - 1200	Closing & Certification A/Prof Frederick Koh Hong Xiang

Muscle Health Stations

- Group A:**
 Calf Circumference; Muscle Ultrasound assessment for muscle quality – a novel assessment method for sarcopenia
 Faculty: A/Prof Frederick Koh Hong Xiang, Dr Tan Li Feng
- Group B:**
 Pragmatic Muscle Health Case Discussions – From Acute Care to Community
 Faculty: Dietetic Team, Sengkang General Hospital
- Group C:**
 Functional Examinations (Timed Up and Go Test, Sit-to-Stand, Gait Speed, Handgrip)
 Faculty: Physiotherapy Team, Sengkang General Hospital
- Group D:**
 Nutrition Focused Physical Examination
 Faculty: Dr Charles Lew, Senior Principal Dietitian, Ng Teng Fong General Hospital

INDUSTRY SUPPORTED SYMPOSIUM

Title	Satellite Lunch Symposium by Abbott: Pioneering Advances to Tackle Muscle Health and Malnutrition
Details	Date: 10 October 2025 Time: 1300 – 1400
Venue	Level 3, Summit 1, Suntec Singapore Convention & Exhibition Centre



Chair



A/Prof Samuel Chew

MB BCh BAO, FRCP (Edin), FAMS
Consultant, Department of Geriatric Medicine
Changi General Hospital, Singapore

A/Prof Samuel Chew completed his undergraduate medical training in Dublin, Ireland, in 1997 and pursued his specialist training in internal and geriatric medicine in Birmingham, United Kingdom. He is a Fellow of the Royal College of Physicians, Edinburgh, and the Academy of Medicine, Singapore.

He has a strong passion for delivering evidence-based care to older adults, with clinical interests spanning acute geriatric medicine, geriatric rehabilitation, and the management of multimorbidity, malnutrition, and sarcopenia in ambulatory settings.

A/Prof Chew is also actively involved in clinical teaching at both undergraduate and postgraduate levels. His current research focuses on nutrition and muscle health in older adults, contributing to the advancement of geriatric medicine in Singapore.

Faculty



Prof Philipp Schütz

Head, Department of Medicine,
Kantonsspital Aarau, Switzerland

Prof Philipp Schütz is a board-certified internist, endocrinologist, and clinical nutrition specialist. He heads the Department of Medicine at Kantonsspital Aarau and is Professor of Medicine and Endocrinology/Nutrition at the University of Basel.

President of both the Swiss Society of Clinical Nutrition and Metabolism (GESKES) and the Federal Commission for Nutrition, Prof Schütz has authored over 300 publications and leads the landmark EFFORT trials on clinical nutrition. His research focuses on advancing personalized nutrition to improve patient outcomes.

SOCIAL PROGRAMMES

Opening Ceremony

All registered attendees and exhibitors are cordially invited to the Opening Ceremony.

Date 9 October 2025
Time 1700 – 1815
Venue Level 3, Summit 1, Suntec Singapore Convention & Exhibition Centre
Dress Code Formal

Welcome Reception

All registered attendees and exhibitors are cordially invited to the Welcome Reception.

Date 9 October 2025
Time 1815 – 1930
Venue Level 3 Concourse, Exhibition Area, Suntec Singapore Convention & Exhibition Centre
Dress Code Formal

Awards Presentations & Closing Ceremony

All registered attendees and exhibitors are cordially invited to the Closing Ceremony.

Date 11 October 2025
Time 1300 – 1350
Venue Level 3, Summit 1, Suntec Singapore Convention & Exhibition Centre
Dress Code Formal

ACKNOWLEDGEMENT

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Booth No. A08



As a global healthcare company, Fresenius Kabi is Committed to Life. The company's products, technologies, and services are used for the therapy and care of critically and chronically ill patients. With more than 43,000 employees and present in over 100 countries, Fresenius Kabi's expansive product portfolio focuses on providing access to high-quality and lifesaving medicines and technologies.

Fresenius Kabi takes a holistic approach to healthcare and uniquely combines experience, expertise, innovation, and dedication – making a difference in the lives of almost 450 million patients annually. With Vision 2026, as part of the #FutureFresenius strategy, the company is developing, producing, and selling new products and technologies and aspires to expand its position as a leading global provider of therapies, improve patient care, generate sustainable value for stakeholders – shaping the future of healthcare.

For more information, please visit www.fresenius-kabi.com/sg.

ACKNOWLEDGEMENT

GOLD SPONSOR

Nestle
Booth No. B06



Nestlé Health Science empowers healthier lives through nutrition

As a global leader in the science of nutrition, we nourish those who need extra care, fill nutrition gaps and provide innovative products for healthier future, enabling patients to live their healthier lives. The right nutrition can be life-changing, and we have developed our nutrition portfolio around this belief.

We offer an extensive range of nutritional solutions including metabolic health, healthy ageing, gut health, critical care and oncology. The wide range of solutions we offer across the spectrum of life has one common denominator: science-based products that help people live their best lives. Through extensive research and development, working with healthcare providers and focusing on innovation, we are bringing the best options for individual needs and the latest advances in nutrition to the world. The best results can only come from the best science, and our dedication is unwavering.

You'll find our products in more than 140 countries, brought to you by a team of more than 12,000 employees worldwide dedicated to the power of nutrition. We make our products with sustainability in mind. In 2020, all our factories reduced their landfill waste to zero, and over the last decade we have made big reductions to our greenhouse gas emissions and water usage.

For more information, please visit www.nestlehealthscience.sg.

Advagen



ADVAGEN Prebio is a science-backed prebiotic fiber supplement prescribed by doctors since 2006 to support gastrointestinal health. It is formulated to support bowel regularity and alleviate constipation related bloating, while promoting the growth of good gut bacteria. Naturally derived from corn, ADVAGEN Prebio is a plant-based, soluble dietary fiber that is taste-free and does not gel, making it easy to incorporate into daily diet.

Mechanism of action:

ADVAGEN Prebio, due to its water binding capacity, draws water into the colon and causes softening of the stools.

SCFAs and gas are produced with the fermentation of ADVAGEN Prebio and this results in chemical stimulation of the peristaltic reflex leading to faster bowel movements.

ADVAGEN Prebio is trusted and widely used across private and institutional hospitals.

For daily digestive support, ADVAGEN Prebio can be easily mixed into a variety of beverages including juices, coffee, tea and sodas without altering taste or texture.

For more information, please visit www.advagen.com

ACKNOWLEDGEMENT

EXHIBITORS

Baxter

Booth No. B04



In the hospital and at home, we support safe and personalised nutritional care. Proper clinical nutrition is an essential component for growth and development, patient recovery and health. Built on more than 70 years of therapeutic expertise, our comprehensive parenteral nutrition (PN) offering supports the diverse nutritional needs of your acute and chronic patients, including neonates, children and adults. From ready-to-use formulations to advanced compounding technology, we are innovating to expand the options for personalised nutritional care designed to optimise your patients' health.

For more information, please visit www.baxter.com.

Cardinal Health

Booth No. A06



The Cardinal Health™ Kangaroo™ Nutritional Delivery portfolio offers an innovative and complete solution of products that support paediatric and adult enteral feeding needs from the hospital to the home.

The Kangaroo OMNI™ Enteral Feeding Pump is the next evolution of enteral nutrition delivery.

For more information, please visit www.cardinalhealth.com.

ACKNOWLEDGEMENT

EXHIBITORS

COSMED

Booth No. B05



COSMED is a global manufacturer of diagnostic medical devices for cardiopulmonary, metabolic, and body composition assessment. Founded in 1980 and headquartered in Rome, Italy, COSMED operates in more than 80 countries through a network of subsidiaries and distributors, serving hospitals, research centers, universities, and private clinics worldwide.

In the field of clinical nutrition, COSMED is recognized as a leading provider of innovative solutions that support healthcare professionals in delivering personalized and evidence-based nutritional care. Accurate assessment of energy expenditure and body composition is critical for optimizing nutritional therapy, particularly in critical care, chronic disease management, and rehabilitation.

COSMED's flagship product for metabolic assessment, the Q-NRG, is a next-generation indirect calorimeter designed specifically for clinical and intensive care settings. Developed in collaboration with major scientific institutions and in accordance with international guidelines (ESPEN, ASPEN), the Q-NRG enables accurate and reliable measurement of Resting Energy Expenditure (REE) within minutes. With intuitive user interfaces, integrated quality control tools, and compatibility with ventilators, Q-NRG simplifies the implementation of routine metabolic monitoring in even the most complex clinical environments.

In addition to indirect calorimetry, COSMED offers a comprehensive range of tools to support nutritional assessment:

BOD POD GS-X: The gold standard for air displacement plethysmography, enabling safe, fast, and non-invasive body composition analysis for both adults and children; trusted by research institutions and hospitals worldwide.

PEA POD: Designed for infants, it allows accurate assessment of fat and fat-free mass in neonatal and pediatric populations.

OMNIA Software: An integrated platform for managing metabolic and body composition data, ensuring consistent documentation and clinical decision-making.

COSMED places great emphasis on maintaining the highest standards of quality and adheres to various quality system standards such as ISO 13485:2016, ISO 9001:2015, and MDSAP.

COSMED's mission is to provide healthcare professionals with technologies that advance precision nutrition, improve patient outcomes, and promote the integration of nutritional therapy into daily clinical practice.

By combining innovation, clinical accuracy, and ease of use, COSMED continues to support the global nutrition community in addressing the complex challenges of metabolic care.

For more information, please visit www.cosmed.com

ACKNOWLEDGEMENT

EXHIBITORS

Danone *Booth No. A04*



Danone has over 125 years of expertise in Specialized Nutrition. Our mission is to bring health through food to as many people as possible. We develop pioneering, science-based products that support people of all ages with specific nutritional needs, including babies and people with health conditions like cancer, early Alzheimer's disease and etc.

For more information, please visit www.danone.com.

Dutch Medical Food *Booth No. A05*



We at Dutch Medical Food believe that every human being has the right to obtain high-quality healthcare; nutrition plays an important role in this. Our vision, "Caring for All", is to make high-quality nutritional products accessible to all segments of the market, helping patients who are in need of medical nutrition. Dutch Medical Food is a global medical nutrition company that is specialised in researching, developing, manufacturing and distributing conventional and innovative nutritional products and personalised and sustainable solutions.

For more information, please visit www.dutchmedicalfood.com.

Hyphens Pharma *Booth No. A07*



At Hyphens Pharma, our mission is to improve the lives of patients and communities through progressive healthcare solutions.

Driven by innovation, our portfolio spans diverse therapeutic fields from dermatology, paediatrics and gastroenterology to orthopaedics, radiology, cardiology and more. Beyond marketing and distributing specialised pharmaceuticals, we collaborate with international brands to jointly advance global healthcare. Additionally, we offer in-house dermatological solutions through Ceradan® and TDF®, Ocean Health® supplements and scalp care treatments under CG 210®.

Headquartered in Singapore, Hyphens Pharma serves as your gateway to quality pharmaceutical products across Southeast Asia. We have direct operations in Indonesia, Malaysia, Philippines and Vietnam with a marketing and distribution network extending to 15 other markets – Bangladesh, Brunei, Cambodia, Hong Kong S.A.R., Macau S.A.R., Myanmar, South Korea, Sri Lanka, Thailand and Gulf Cooperation Council countries (Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates).

As part of Hyphens Group listed on the Catalist board of the Singapore Exchange (SGX), we are committed to agile, patient-centric operations while expanding access to quality healthcare products globally.

For more information, please visit www.hyphens.com.sg.

ACKNOWLEDGEMENT

InBody *Booth No. A01*



InBody is a global healthcare leader in body composition analysis technology. Headquartered in South Korea, InBody has set the standard for precise body composition measurements using BIA technology. Over the years, the company has expanded its global footprint, establishing a presence in 110 countries, including the USA, Japan, Europe, China, India, Mexico, Malaysia, Singapore, and others.

In addition to body composition analysis, InBody has introduced innovations such as the hand grip dynamometer and fall risk assessment tools, enabling comprehensive health and nutritional evaluations for individuals across all age groups. These tools support the assessment and monitoring of nutritional status, muscle function, and overall risk, which are essential components in clinical nutrition care. InBody's solutions are widely embraced in various settings, including hospitals, wellness centres, general practices, rehabilitation facilities, corporations, and fitness centres. Every day, millions of people trust InBody's advanced technology to gain deeper insights into their health and make well-informed decisions about their nutritional and functional well-being.

Contact us or visit our booth to discover the latest advancements in body composition analysis technology and experience innovation at its finest

For more information, please visit www.inbodyasia.com.

The Insides Company



The Insides Company is the leading provider of purpose-built automated chyme reinfusion devices for the treatment and rehabilitation of intestinal failure caused by high-output fistulas and stomas.

For more information, please visit www.theinsides.co

Otsuka *Booth No. B01*



Business operations in the Otsuka Group are based on the corporate philosophy "Otsuka-people creating new products for better health worldwide." Our aim is to contribute to healthier lives of people worldwide by providing innovative and creative products including pharmaceuticals and functional foods and beverages. We will continue to contribute to the health of people around the world by providing solutions such as products and services to solve the problems faced by all of our stakeholders, including patients and their families as well as the healthcare professionals who support them.

For more information, please visit www.otsuka.com.